



Session Overview:

Your Power in Effective Communication!

Communicating effectively is a critical component for managers & supervisors success. Significant amount of time is spent on interpersonal situations, leading others to move projects along and getting work done.

When you find your power in effective communication you can increase performance, reduce conflicts, decrease levels of stress from misunderstandings which all help to become a successful confident leader.

Your Power in Effective Communication focuses on developing strong and clear strategies that can help you improve in all areas of communication from listening to delivering the message.

This session is aimed to deliver the following outcomes:

- Understanding the essentials for effective communication
- Gaining techniques to better listening and why that's important
- Verbal & non-verbal communication awareness
- Discover ways to navigate different communication styles

This session is interactive and built around your communication challenges, expectations and workforce.

Through energetic activities, discussions, stories, examples, and group work, this training hits the mark on tactical tools and strategies to help you increase your power when it comes to effective communication.

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