

## **CSSE EASTERN ONTARIO COMMUNITY OUTREACH INITIATIVES**

The Executive has decided on the following community outreach initiatives for 2019 – 2020. We would appreciate your donations or some volunteer time to our projects!!

### **September-December 2019 - The Shoebox Project**

The Shoebox Project for Women, supported by Dream, collects and distributes gift-filled Shoeboxes to women impacted by homelessness in communities across Canada and the US. Each thoughtfully created and decorated Shoebox is filled with items valued at \$50 that can enhance self-esteem and reduce feelings of isolation for women in need.

***Looking for volunteers (individuals, groups, organizations...)*** to put together shoeboxes for women in need to be delivered during the holiday season. Items to include warm socks, hygiene products, sweets (nut-free), gift cards, etc. (refer to website <http://www.shoeboxproject.com/how-to-make-a-shoebox.html> for full instructions).

***Boxes will be collected at the October and November meeting.***

### **January - May 2019 - Dress for Success Ottawa**

Dress for Success Ottawa is a part of a global movement for change. We are a locally based charity that empowers women to achieve economic independence by providing a network of support, professional attire, and development tools to help women thrive. The mandate of Dress for Success Ottawa is to provide economically disadvantaged but employment-ready women with interview-appropriate suits and accessories.

Clothing accepted (refer to website <https://ottawa.dressforsuccess.org/> for full list):

- Suits and separates that are modern / current and in great interview ready condition
- Gently used, clean business appropriate shoes, purses and jewelry
- Seasonal clothing that our clients will be able to wear right away (They do not have space to store out of season clothing)
- Clothing that is clean, laundered or dry-cleaned and on hangers.
- New hosiery and undergarments (tags on, unopened packaging)
- Unopened toiletries and cosmetics

***Donations will be accepted at each monthly meeting from January until May.***

Any questions, please contact Cristina Pagliarello at [Cristinacook@mail.com](mailto:Cristinacook@mail.com)