

After having moved to Canada to attend the University of British Columbia in the early 2000's from the US, and, after having spent time in the US Military, I quickly found my passion for health and safety.

As a lifelong learner and process driven manager, I endeavored to understand my role in shaping the future of occupational health and safety programs in an effort to help workers go home to their loved ones at the end of a hard day's work. I understood very quickly that the key to shaping occupational health and safety programs was in developing an extensive peer network that would aid in the sharing of information and best practices. I made a commitment to share my occupational health and safety lessons learned along the way with other upcoming OHS professionals.

I was fortunate enough to be a regular guest lecturer for Dynamic Rescue Systems over a 5-year period, wherein I was able to mentor and develop students of the BCIT CSO program. This was both a rewarding and humbling experience.

My 15+ years of OHS experience has largely been in the construction sector and has encompassed everything from >\$1bil P3 design-build projects, both in Canada and the US, to ICI and residential development.

As an avid and frequent communicator, it remains my continued goal to positively shape occupational health and safety programs by fostering safety culture at both an individual and organizational level.



I see the best in people, and I believe that safety is everyone's responsibility and that occupational health and safety is essential to the dignity of work.